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Directed Acyclic Graphs

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Outline- 3 hour session

- Why do we need DAGs?
- Short- Need to know
- Analyzing a DAG (with examples)
- Daggity- the «easy way» to draw and analyze a DAG
- Practice drawing your own DAGs, discussion

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WHY DO WE NEED DAGS?



Why causal graphs (DAGs)?

- Estimate effect of exposure on disease (causal relation)
- Problem
 - Association measures are biased
- DAGs help in :
 - Understanding
 - Confounding, selection bias, mediation
 - Analysis
 - Adjust or not
 - Discussion
 - Precise statement of prior assumptions

Criteria for a variable to be a confounder:

1. Associated with the exposure in the source population

2. Associated with the outcome (in the unexposed)

3. Not on the causal pathway between exposure and outcome



Adjust for C: cause versus association





Need causal model to do a proper analysis

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SHORT- NEED TO KNOW

Time

• Time flows from left to right, and thus X1 is temporally prior to E and D, and E is temporally prior to Y



Acyclic

• Arrows in series cannot lead back to the same node (ACYCLIC)



Components

- Variables represented as «nodes» or «vertices»
- Arrows (edges) between variables represent causal effects
 - Depicting the *existence*, but *not the strenght* of causal relationships (nor whether it is positive or negative)
 - Causation vs. Association paths
- Omission of an arrow is a stronger claim than the inclusion of an arrow

Causation vs. Association paths



Complete DAG?

- Is the DAG a «complete view of the causal structure of reality»
 - Did we include all unmeasured varibles (U)?
 - A DAG should also include these if they are part of the causal structure
 - Did we include all common ancestors of two variables?
 - Did we include all the arrows?
 - Absense of an arrow is a strong statement

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ANALYZING A DAG

3 reasons why two variables may be associated

- One causes the other
- They share common causes
- They share a common effect and the analysis is restricted to certain level of that common effect (or of its descendants)

Conditioning on a mediator



Conditioning blocks the indirect path- only direct association left.

May require special «mediation analysis»

Example: Aspirin (E) affects risk of heart disease (D) through reducing platelet aggregation (X1)

Conditioning on a common cause

Confounding



Example: Carrying a lighter (E) is associated with lung cancer (D). Smoking status (X1) is the underlying cause of both Unconditioned-Information on E could give information on E through X1

Conditioning-Restricting X1=1 blocks all variation in E, i.e. variation in E gives no information in D

Conditioning on a common effect

- Selection bias
- Collider-stratification bias
- · Bias due to conditioning on a collider



Information on E does not give information on D.

Example: A gene (E) and smoking status (D) are independent causes of hearth disease (X1)

Conditioning on a common effect

- Selection bias
- Collider-stratification bias
- · Bias due to conditioning on a collider



Conditioning on X1=1 or X1=0: Information on E does give information on D. - If E and D are the only two causes of X1, conditioning on X1=1 means that if and E=0, then D has to be=1

D- separation

- Conditional independence
- Simply means that one variable (E) is independent of another variable (D), given another variable (X1) or a set of other variables(X1-X_t).

$$E \perp D \mid X1 \qquad \swarrow_{E} \stackrel{X1}{\longrightarrow}_{D} \qquad \overbrace{E} \stackrel{X1}{\longrightarrow}_{D}$$

The opposite is «d-connected»

How to identify and block backdoor paths

- Pay attention to the direction of the arrow (causal path: don't want to condition on this)
- 4 possible permutations of arrows around a variable

$$\longrightarrow X1 \longrightarrow \longleftarrow X1 \longleftarrow X1 \longrightarrow \longrightarrow X1 \longleftarrow$$

• Are there any existing natural blocks?

Paths



Goal: Want to keep all causal pathways open Close the non-causal pathways (backdoor paths)

Example: Outside temperature and the risk of bone fracture in older adults





- Bone fracture incidence has been found to vary by season in Norway and in other countries, higher incidence in wintertime vs. summertime
- There is also a variation by latitude, in general a lower incidence at higher latitudes (in Sweden and in the rest of Europe), but no clear variation by latitude in Norway
- In Norway we see a higher incidence inland compared to the coast
- Can outside temperature be a «causal factor» in this pattern?

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(Solbakken et al. 2014)

Forsén et al (unpublished)

Example: Outside temperature and the risk of bone fracture in older adults





Exercise 1a: Temperature and the risk of bone fracture in older adults



Low temperature= Mean yearly temp<10°C High temperature=Mean yearly temp >10°C

- 1. Write down the paths
- 2. Are they causal/noncausal, open, closed?
- 3. How would you get the1. total effect2. direct effect

Exercise 1b: Temperature and the risk of bone fracture in older adults



Low temperature= Mean yearly temp<10°C High temperature=Mean yearly temp >10°C

- Write down the paths
 Are they causal/noncausal, open, closed?
- 3. How would you get the1. total effect2. direct effect

Exercise 2. Temperature and the risk of bone fracture in older adults



- 1. Write down all the paths
- 2. Are they open or closed, causal or non-causal?
- 3. How would you get the total effect of Outside temperature on Bone fracture?
- 4. Optional: How would you get the direct effect ?

Hypothetical analysis



	Bone fracture				
	Yes	No	Total personyears	Rate	RD
Low outside temperature	84	9,916	10,000	0.0084	0.0
High outside temperature	84	9,916	10,000	0.0084	

What happens if you restrict on osteoporosis medication? (Will be covered in class)

How to select an adjustment set?

- Adjustment set: *minimum* set of variables to include in analysis in addition to our exposure and outcome
- By hand: Write down all paths between exposure and outcome, and between covariates, close the open non-causal paths
 - Can be difficult!
- Rather: Use a program!
 - The program will give a suggestion on the variables to include to obtain an unbiased association (if possible)

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Welcome to DAGitty!





What is this?

DAGitty is a browser-based environment for creating, editing, and analyzing causal mode or causal Bayesian networks). The focus is on the use of causal diagrams for minimizing and other disciplines. For background information, see the "<u>learn</u>" page.

DAGitty is developed and maintained by <u>Johannes Textor</u> (<u>Tumor Immmunology Lab</u> and <u>Sciences</u>, <u>Radboud University Nijmegen</u>). The algorithms implemented in DAGitty were c <u>Maciej Liśkiewicz</u> and <u>Benito van der Zander</u>, University of Lübeck, Germany (see literatu

DAGitty development happens on GitHub. You can download all source code from there

How can I get help?

If you encounter any problems using DAGitty, or would like to have a certain feature impletextor {at} gmx {dot} de". Your feedback and bug reports are very welcome and contribute for everyone. Past contributors are acknowledged in the manual.

Is it free?

Because the main purposoe of DAGitty is facilitating the use of causal models in empirica software (both "free as in beer" and "free as in speech"). You can copy, redistribute, and general public license. Enjoy!

DAGitty development has been sponsored by the Leeds Institute for Data Analytics and t (DFG), grant <u>273587939</u>.



Versions

The following versions of DAGitty are available:

- Development version Recent development snapshot. May contain new features, but could also contain new bugs.
- Experimental version Most recent development snapshot. May not even work.
- 2.3: Released 2015-08-19
- 2.2: Released 2014-10-30
- 2.1: Released 2014-02-06
- 2.0: Released 2013-02-12
- 1.1: Released 2011-11-29
- 1.0: Released 2011-03-24
- 0.9b: Released 2010-11-24
- 0.9a: Released 2010-09-01

News on Twitter



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Draw, Analyze, Test



(Textor, Hardt et al. 2011)

Draw model

- Draw new model
 - Model>New model, Exposure, Outcome
- New variables, connect
 - nnew variable (or double click)
 - C CONNECT (hit c over V1 and over V2 to connect)
 - r rename
 - ddelete
- Status (toggle on/off)
 - uunobserved
 - aadjusted

Export DAG

- Export to Word or PowerPoint
 - "Zoom" the DAGitty drawing first (Ctrl-roll)
 - Use "Snipping tool" or

Without zooming

use Model>Export as PDF



With zooming



Daggity: Draw all causal relationships

- Draw all variables/ factors that may influence your outcome
- Consider whether these factors also affect your *exposure*
- Are there any arrows between *cofactors*?
- Also put in common *ancestors of any two variables included,* also variables that are *unobserved*
- Remember: *Absence* of arrow is a strong statement
 - Omitting an arrow will explicitly state that there is no association between variables in *any* of your participants

- Now: Use Daggity to draw and analyse DAGs in your own research question.
- Next: Discussion of student examples
- Short summary