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Health on maps

Introduction to health geography



Presenting information on health

Epidemiology

- Occurrence and distribution of health and disease in the population

		Disease, N (%)		
		N	Yes	No
Overall		60,000	10,000 (20 %)	50,000 (80 %)
Gender	Male	30,000	7,000 (23 %)	23,000 (77 %)
	Female	30,000	3,000 (10 %)	27,000 (90 %)
Age (years)	30-39	10,000	100 (1 %)	9,900 (99 %)
	40-49	20,000	500 (2.5 %)	19,500 (97.5 %)
	...			
	≥80	500	200 (40 %)	300 (60%)

Presenting information on health

Epidemiology

- Occurrence of disease in the population

Overall				80 %)
Gender				77 %)
				90 %)
Age (years)				99 %)
	40-49	20,000	500 (2.5 %)	19,500 (97.5 %)
	...			
	≥80	500	200 (40 %)	300 (60%)

Results in a table

Results on a map → health geographics

John Snow - Deaths from cholera

1854: Cholera outbreaks
in London

Visualized the location of
deaths on a map

→ Disease transmission
A water pump as the source

Early example of
spatial epidemiology



Overview

Health geographics - Spatial epidemiology

Geographical distribution of health and disease

- What is geographical data
- Spatial/statistical methods and analyses
 - Visualization
 - Disease mapping
 - Clustering
 - Exposure assessment
 - Associations and spatial regression
- Examples



What is geographical data

Geographical data

- Location
- Information (features, attributes)

Location

→ Address, municipality, school area

Information

→ Demography, health, building characteristics, SEP, ...

What is geographical data


Geographical Information System (GIS)

- Database and software system for storing and handling different data layers – i.e. locations and information/variables at each location (e.g. ArcGIS, Quantum-GIS)
- Applications for geographical, spatial and statistical analysis

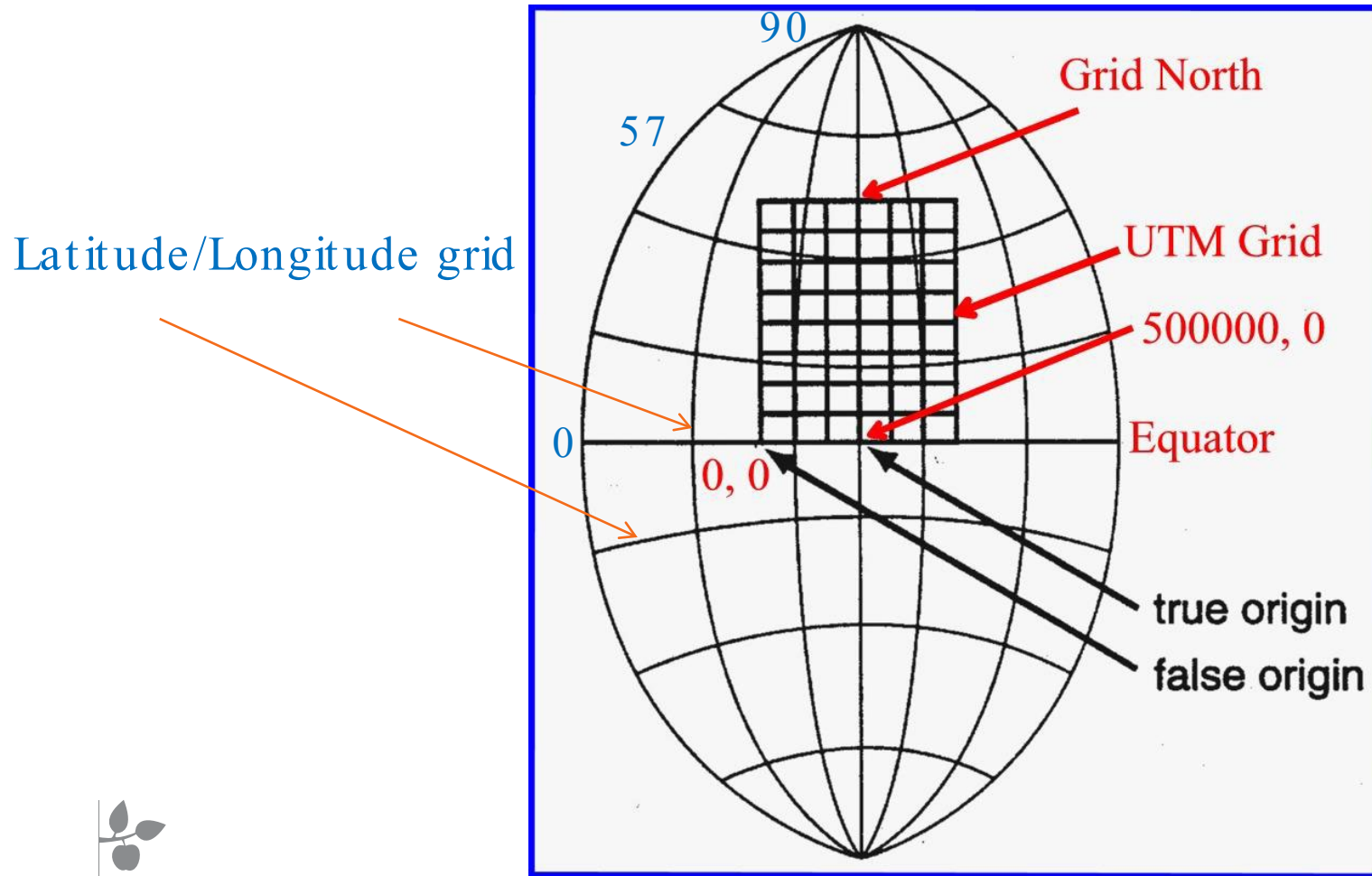


What is geographical data

Geographic coordinate systems

- A unique set of coordinates for each location (x, y)
- Different systems
 - UTM – Universal Transverse Mercator
Grid-based coordinate system
Easy to use, unit is a meter
 - Latitude/longitude (Degrees)
 Degree-based coordinate system
Unit is a degree

What is geographical data



What is geographical data

Geocoding of locations

- Identify coordinates of a position
- Geocoding an address – apply a unique set of coordinates to the address
- Exact locations of all buildings know (e.g. in DK)
 - Exact linkage
 - Current addresses of all citizens
 - Historical addresses of all citizens

What is geographical data

Location - Point versus areal (polygon) data

Points

- Exact location – a set of (x,y) coordinates
- E.g. of buildings/addresses

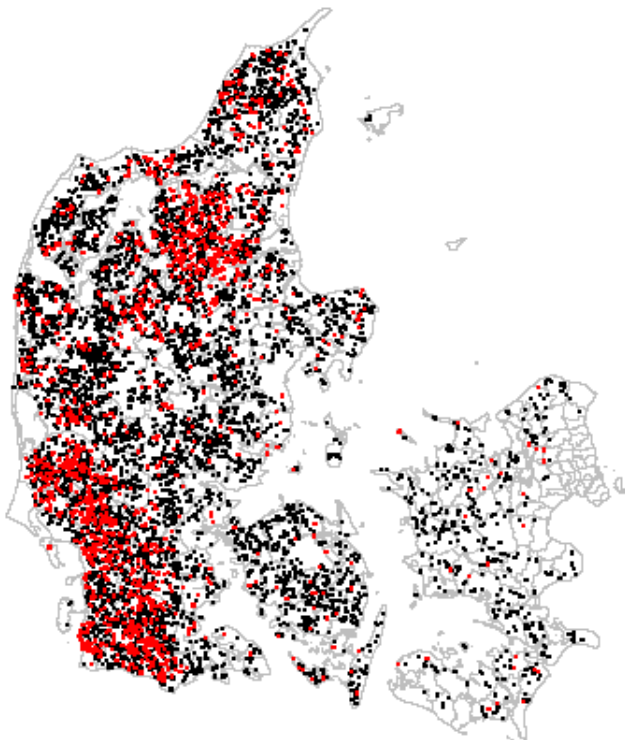
Areal data (polygons)

- Data aggregated in polygons
- Administrative boundaries (e.g. municipality)

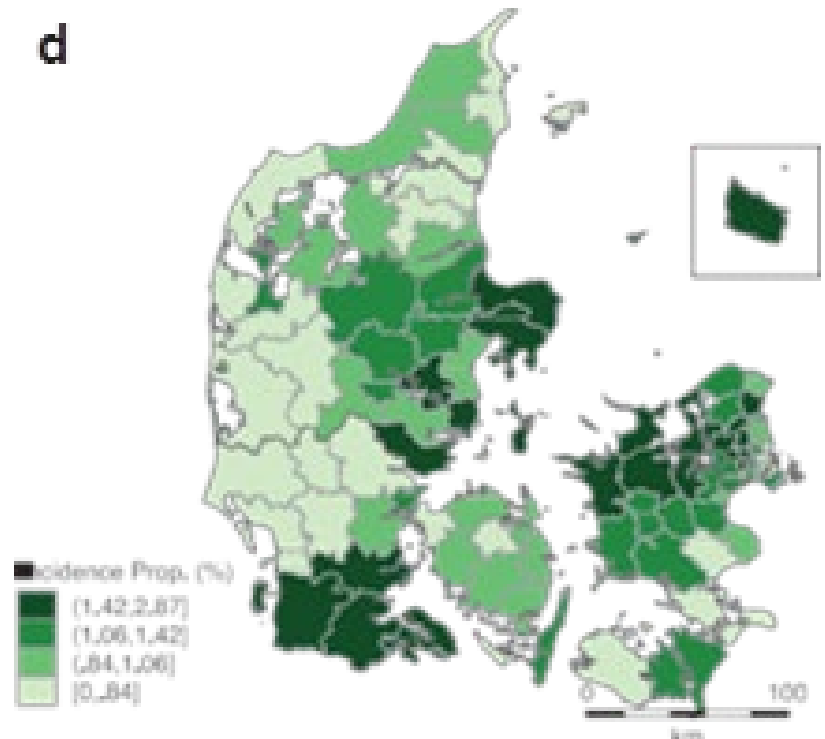
What is geographical data

Salmonella in dairy herds

Incidence of ADHD



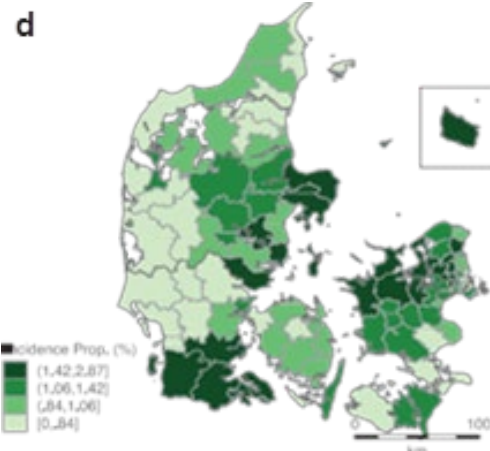
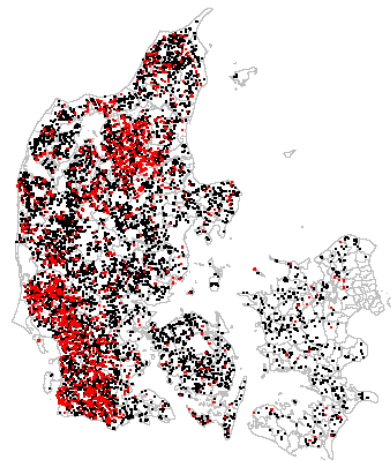
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What is geographical data

Areal data vs point data

- Modifiable areal unit problem (MAUP)
- Ecological fallacy – association estimated at an aggregated level may not apply to individual level
- Methods used for analysis depends on type of data



Danish registers - History

Long tradition for registers of the Danish (and Nordic) population

Births and deaths have been registered in church records since 1645

1968: Civil Registration System (CPR)

Unique personal identification number (given at birth or immigration)

National Patient Register in 1977

National Prescription Register in 1995

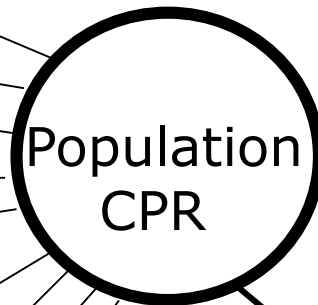
Optegnelse
Den 1ste October 1844

Navn	Alder	Sex	Religion	Profession	Adresse
Anders Nielsen	28	M	Luth.	Handl.	St. Nicolai Kirke
Karen Nielsen	25	F	Luth.	Hustru	St. Nicolai Kirke
Anders Nielsen	22	M	Luth.	Handl.	St. Nicolai Kirke
Karen Nielsen	20	F	Luth.	Hustru	St. Nicolai Kirke
Anders Nielsen	18	M	Luth.	Handl.	St. Nicolai Kirke
Karen Nielsen	16	F	Luth.	Hustru	St. Nicolai Kirke
Anders Nielsen	14	M	Luth.	Handl.	St. Nicolai Kirke
Karen Nielsen	12	F	Luth.	Hustru	St. Nicolai Kirke
Anders Nielsen	10	M	Luth.	Handl.	St. Nicolai Kirke
Karen Nielsen	8	F	Luth.	Hustru	St. Nicolai Kirke

Danish population registers

Population

Education
Employment
Income
Taxation
Patient register
Cancer register
Cause of death
Health service
Prescription medicine
...



Business
CVR

Value added tax
Monthly wage sums
Income
Foreign trade
Type of business
...

Property
BBR

GIS

Buildings
Dwellings
Real Estate Price
...



Geographical data

Combining register-based health data and information about geographical location

Addresses in Denmark

- Approx. 2.5 mill addresses
- Geocoded, coordinates in Building and Housing Register (BBR), publicly available dataset

Geographical location

- Place of work
- Place of residence



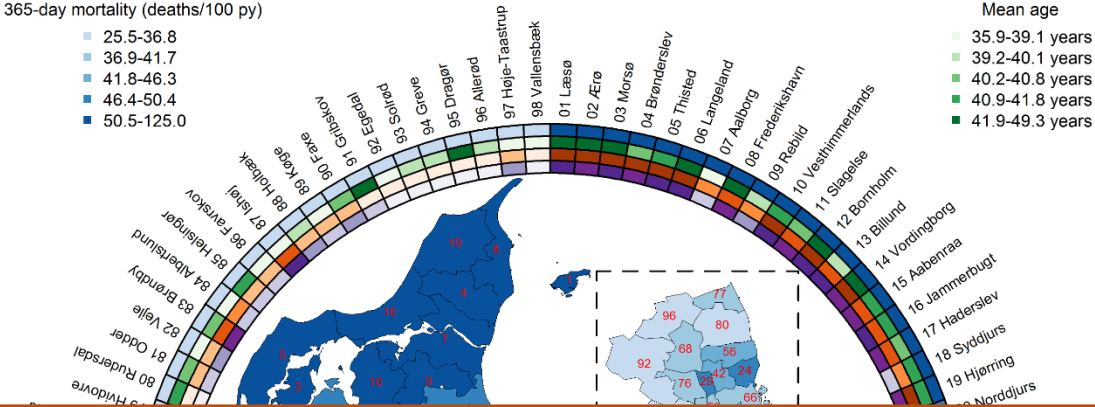
Geographical analysis

Purposes

- Visualization
- Disease mapping
 - Deriving smooth maps
- Clustering
 - Identifying areas with hot/cold spots
- Exposure assessment
- Spatial regression and associations
 - Association between exposure and outcome taking the spatial correlation between individuals into account



Visualization of data



Visualizing
geographical data
on a map

RINGMAP

Map of Denmark visualizing the correlation between AMI mortality and neighbourhood characteristics

Central map: Mortality among individuals with incident AMI

Rings: Neighbourhood characteristics

Visualization of data

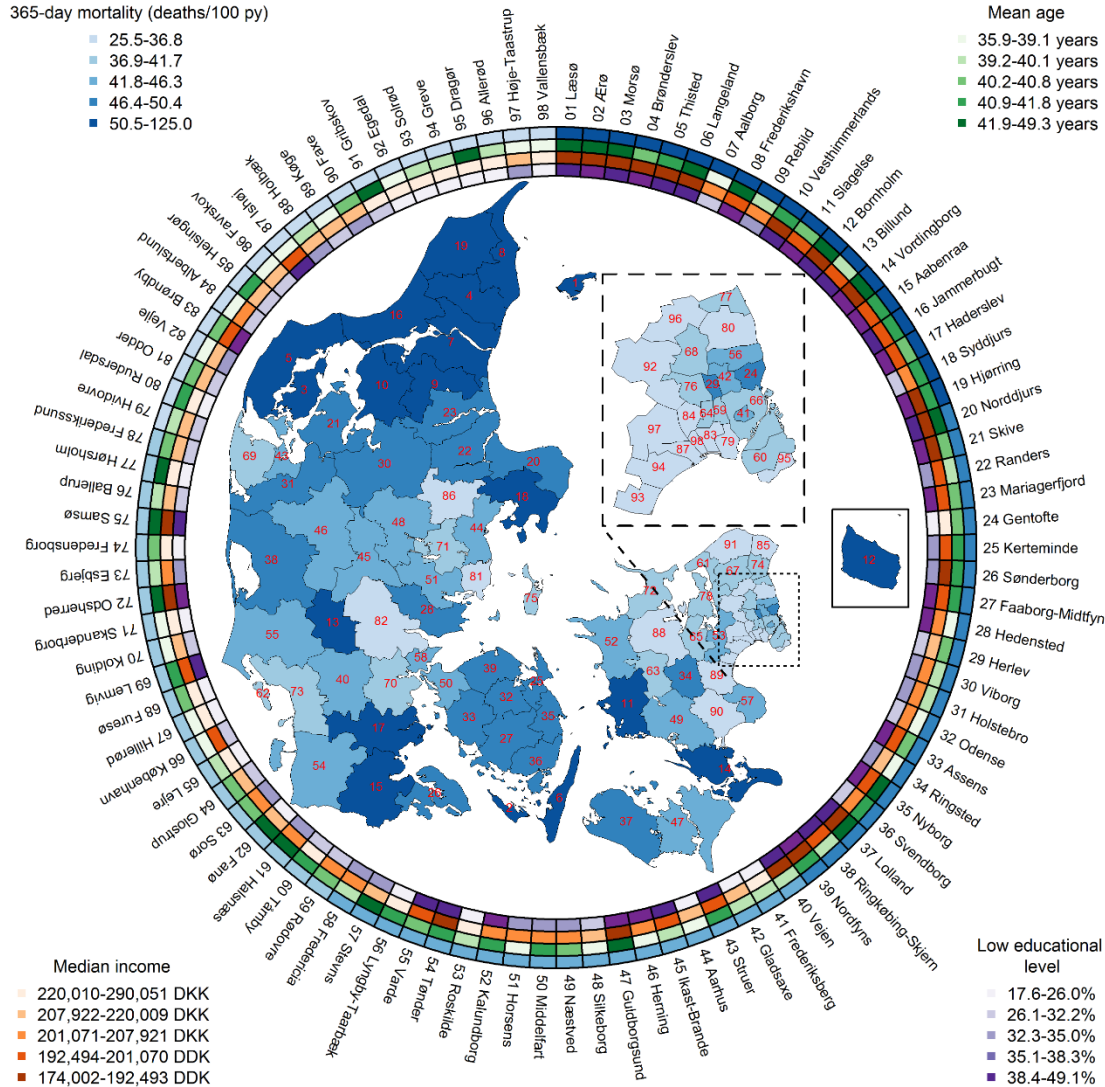
Visualizing
geographical data
on a map

365-day mortality (deaths/100 py)

- 25.5-36.8
- 36.9-41.7
- 41.8-46.3
- 46.4-50.4
- 50.5-125.0

Mean age

- 35.9-39.1 years
- 39.2-40.1 years
- 40.2-40.8 years
- 40.9-41.8 years
- 41.9-49.3 years



Disease mapping

Deriving smooth maps based on point data

Binary variable

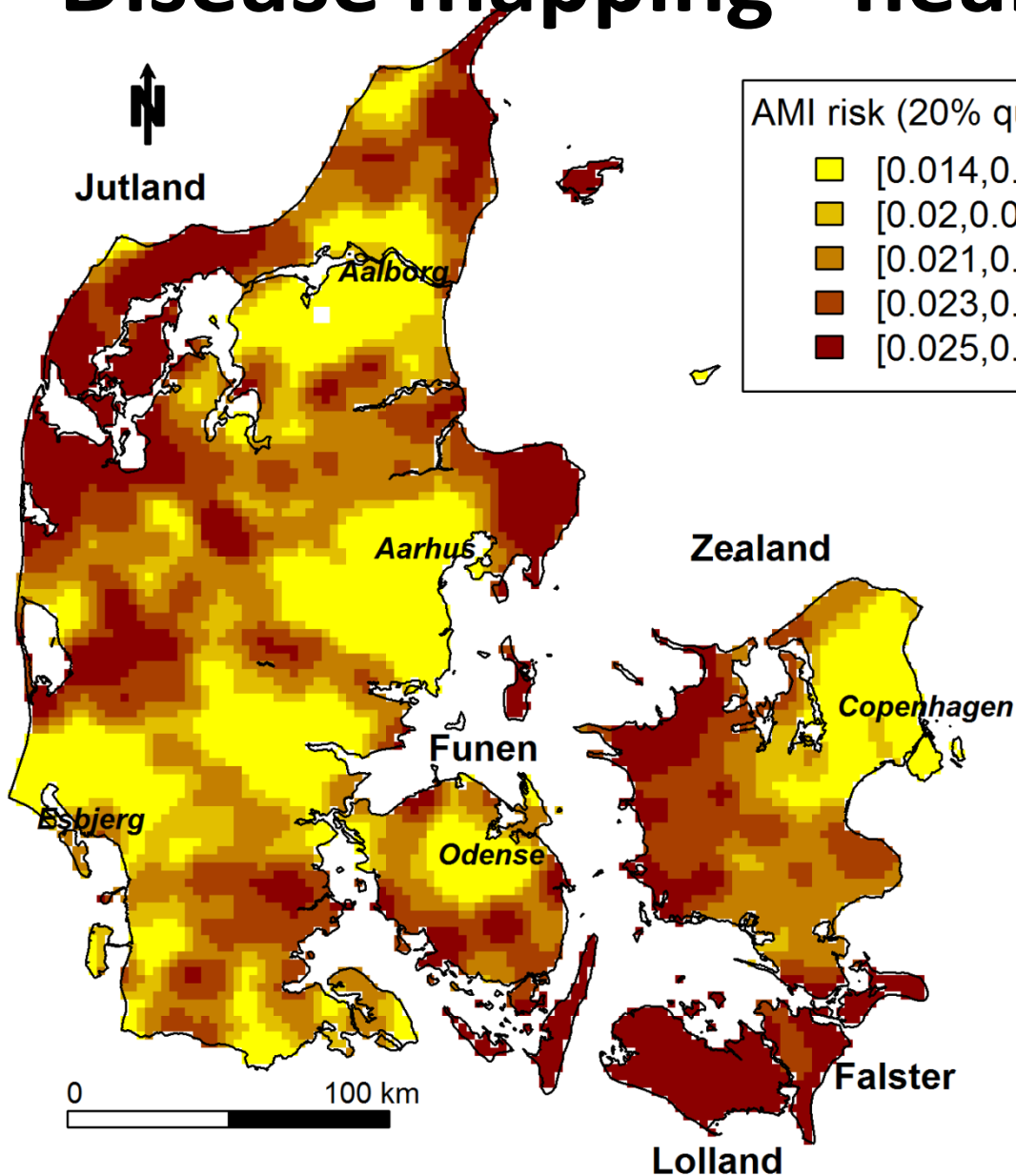
- Kernel density estimation (KDE)

Continuous/quantitative variable

- Inverse distance weighting (IDW)
- Kriging (geostatistical analysis)



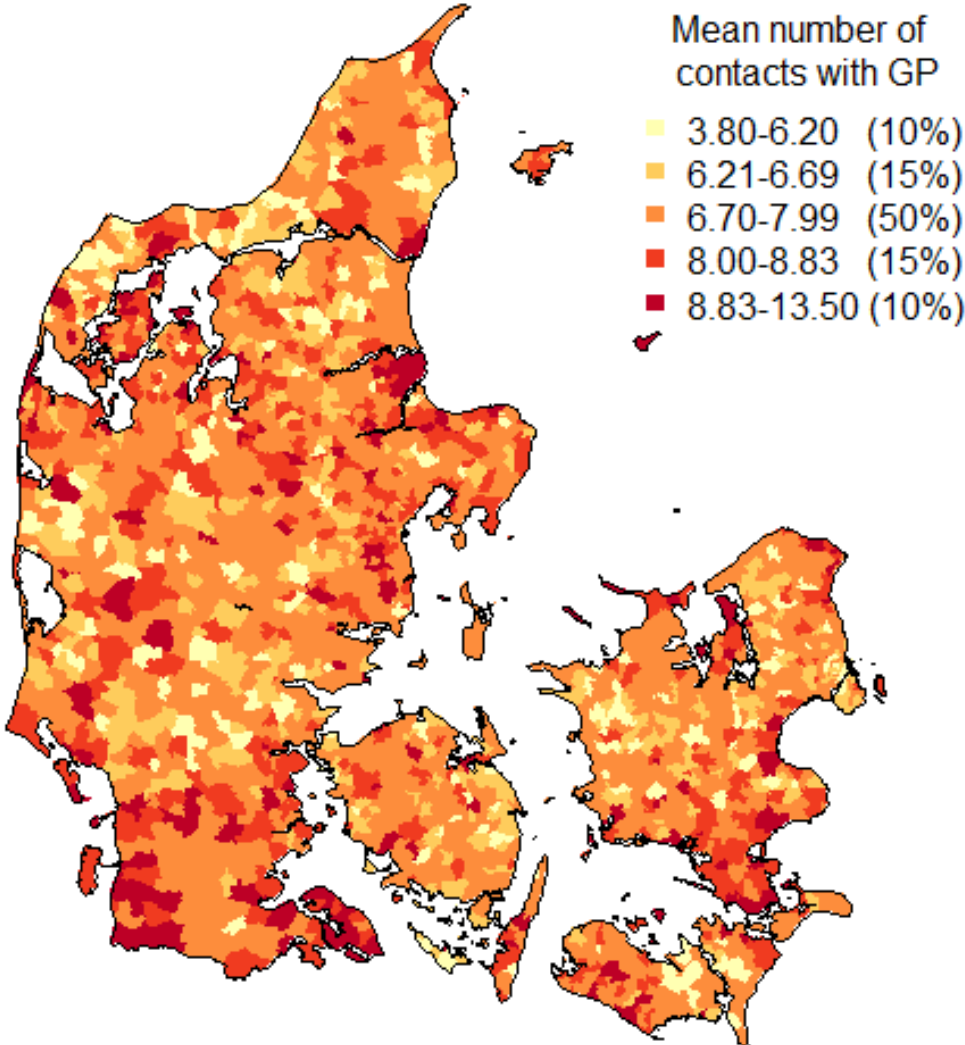
Disease mapping - heart attack (AMI)



Incident AMI: 2005 -2011

TM Kjærulff et al. (2016)
Spatial and Spatio-temporal Epi

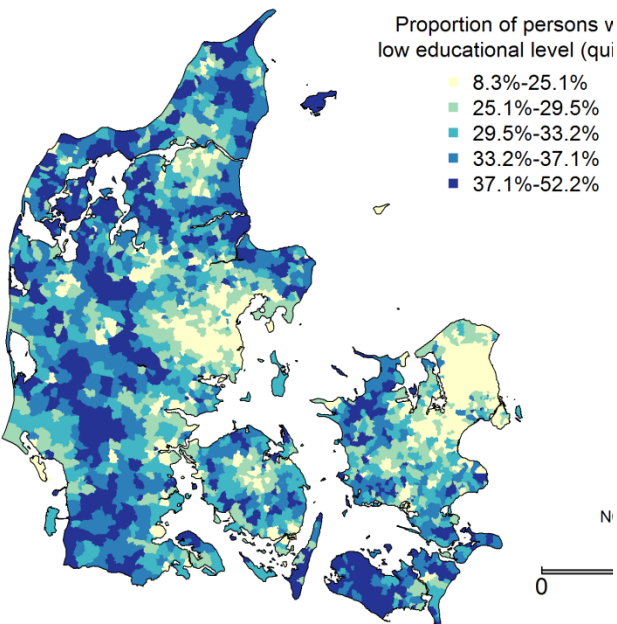
Annual number of contacts with GP



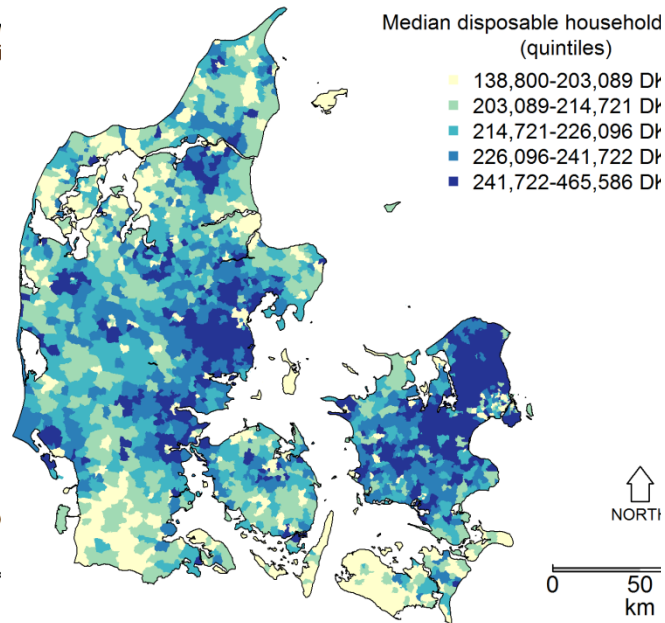
Geo dist of socio-economic position

Proportion of population with

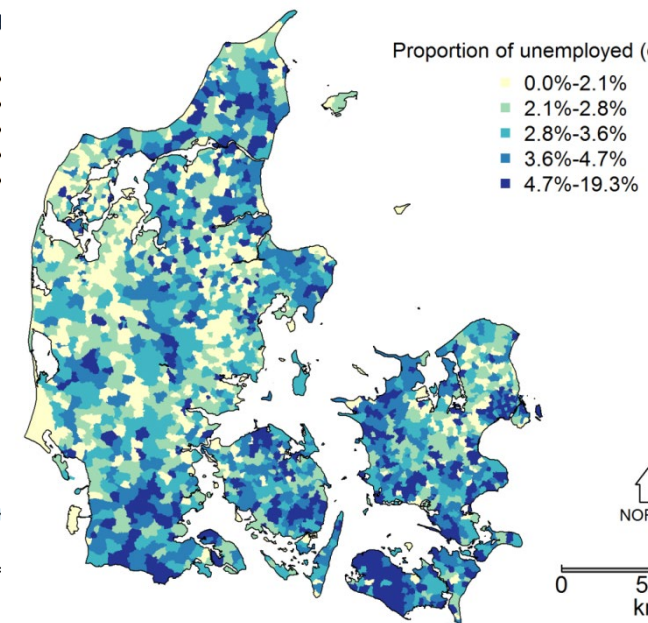
Short education



Low income



Unemployed



Clustering

Identifying spatial patterns in disease

i.e. identify areas with increased or decreased risk of disease (hot and cold spots)

Point data

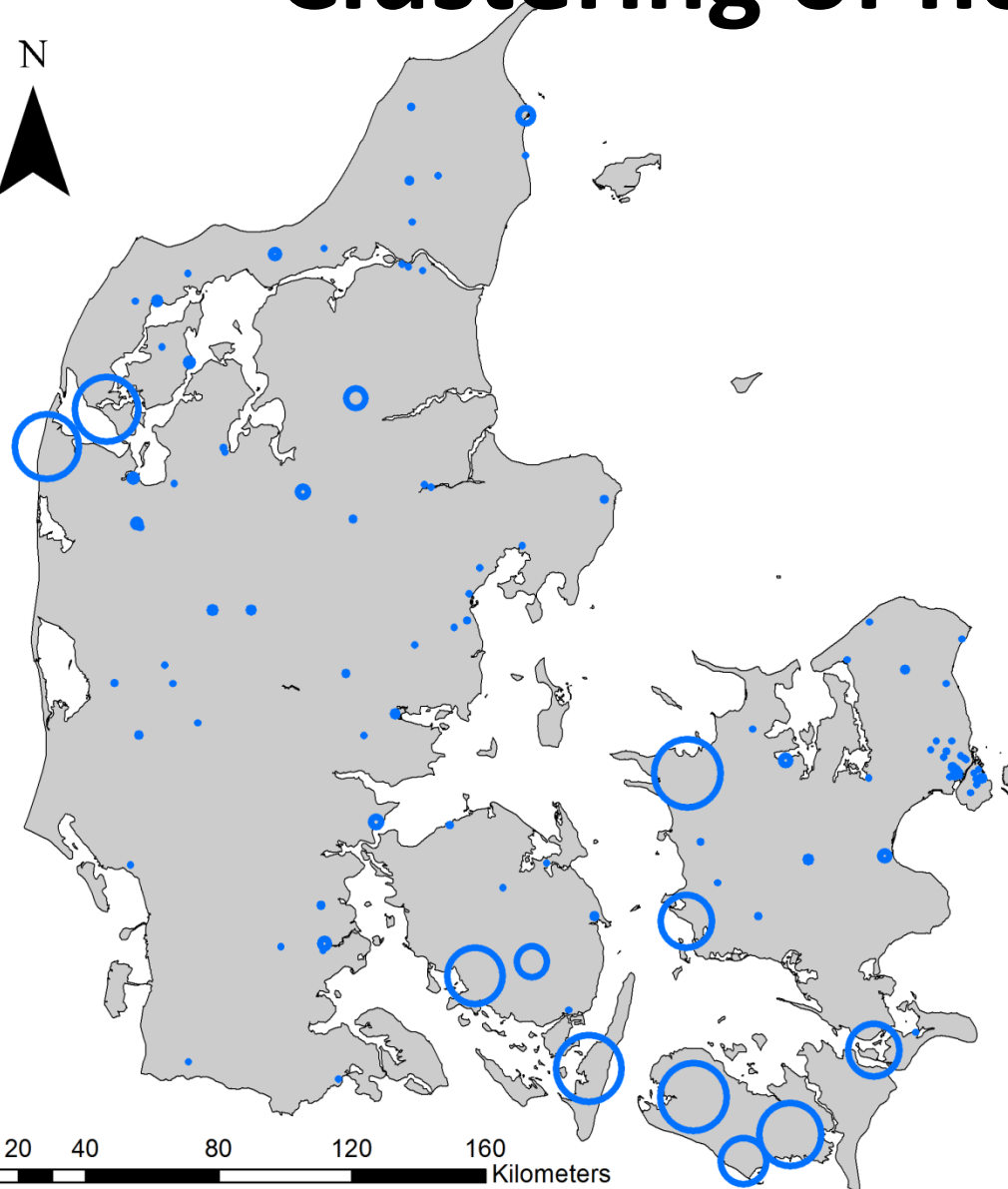
- K -function
- Spatial scan statistics

Areal data

- Moran's I



Clustering of heart attack



Legend

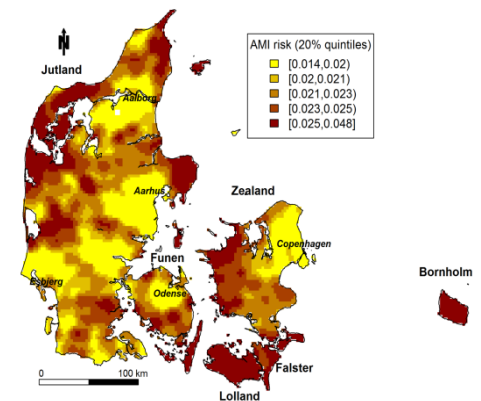
Clusters with high risk of incident AMI



Spatial clusters

Scan statistics

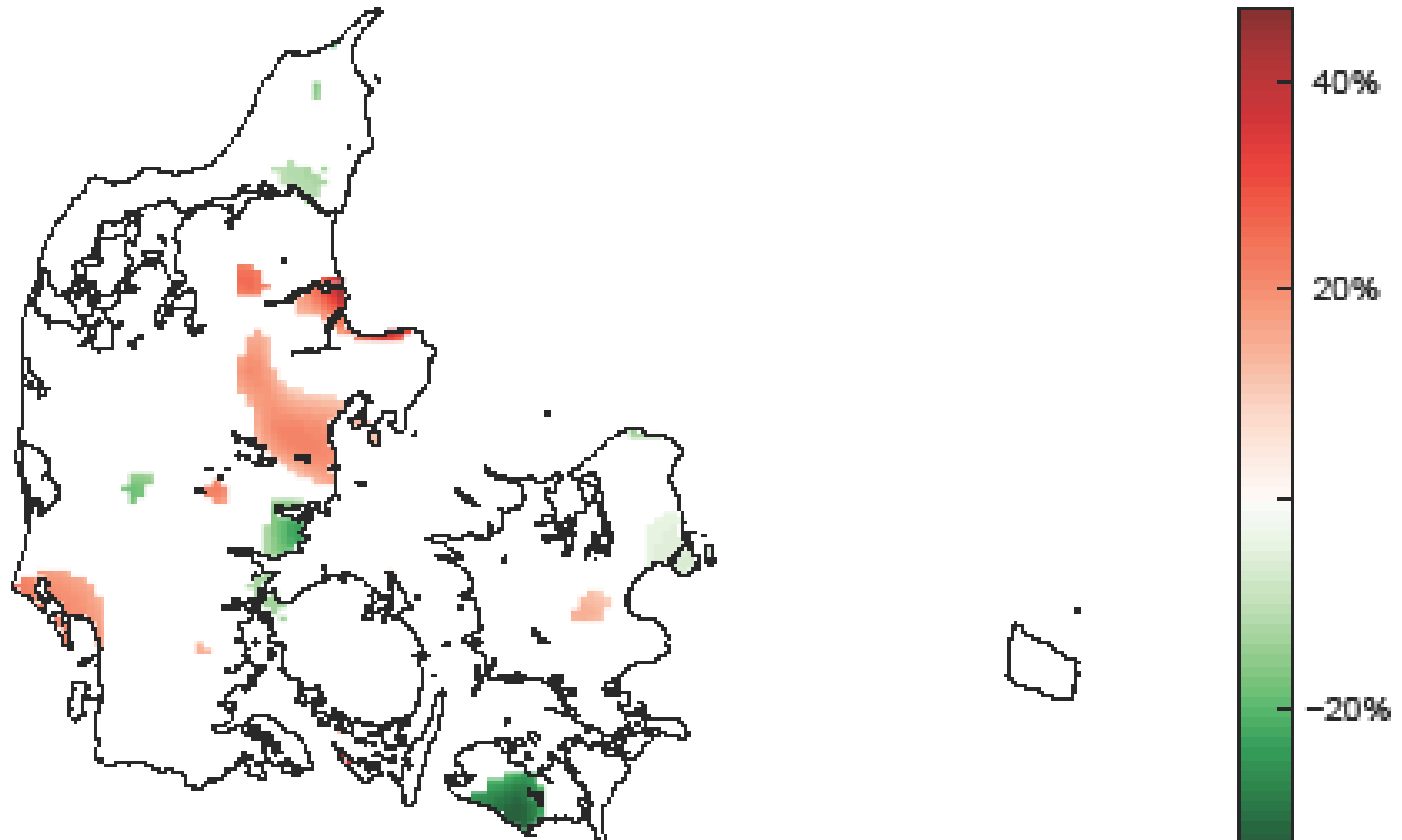
- High risk clusters
- Significant clusters
- SaTScan software



Clustering of multiple sclerosis

Focus at unknown exposures at age 10-18 years

- Addresses at age 15 years of individuals who later were diagnosed with MS



Exposure assessment

Based on geographical data

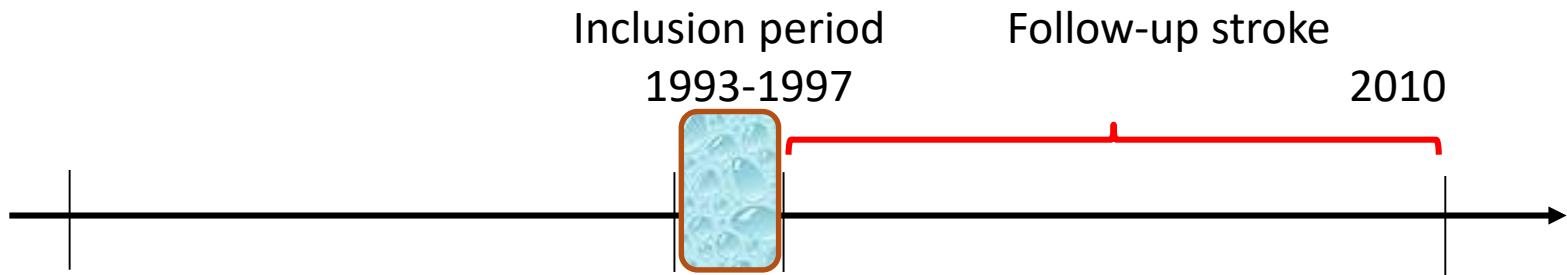
- Drinking water quality (Mg, As, Li)
 - Distance to health care (GP, hospital, AED)
1. Linking geographical data to an individual/address
 2. Derive exposure variable for the individual



Exposure assessment

N = 57,053 participants
Age at inclusion: 50-64 years

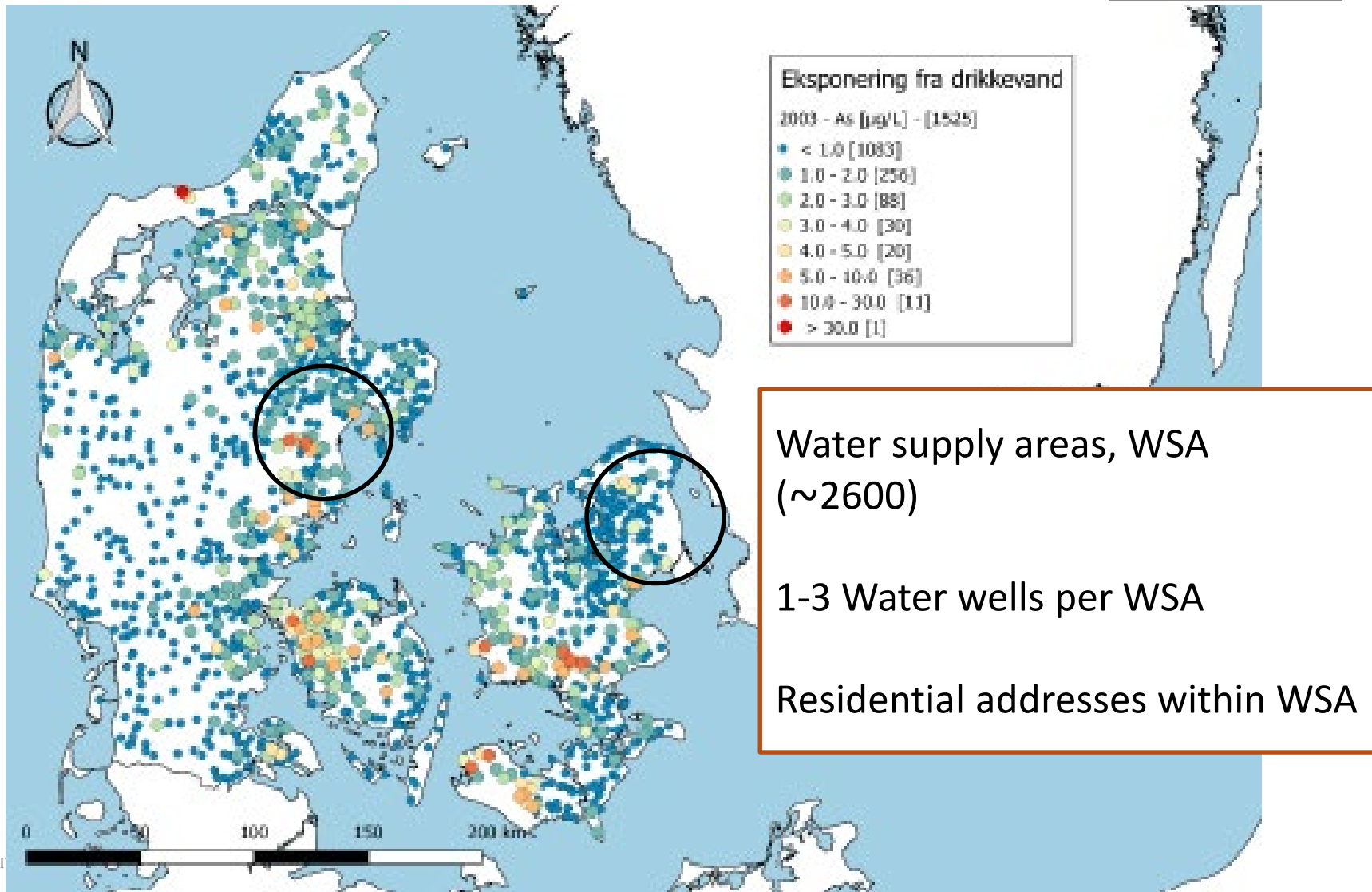
Individuals included in
Copenhagen and Århus



Questionnaire:
lifestyle, diet, ...

Exposure assessment

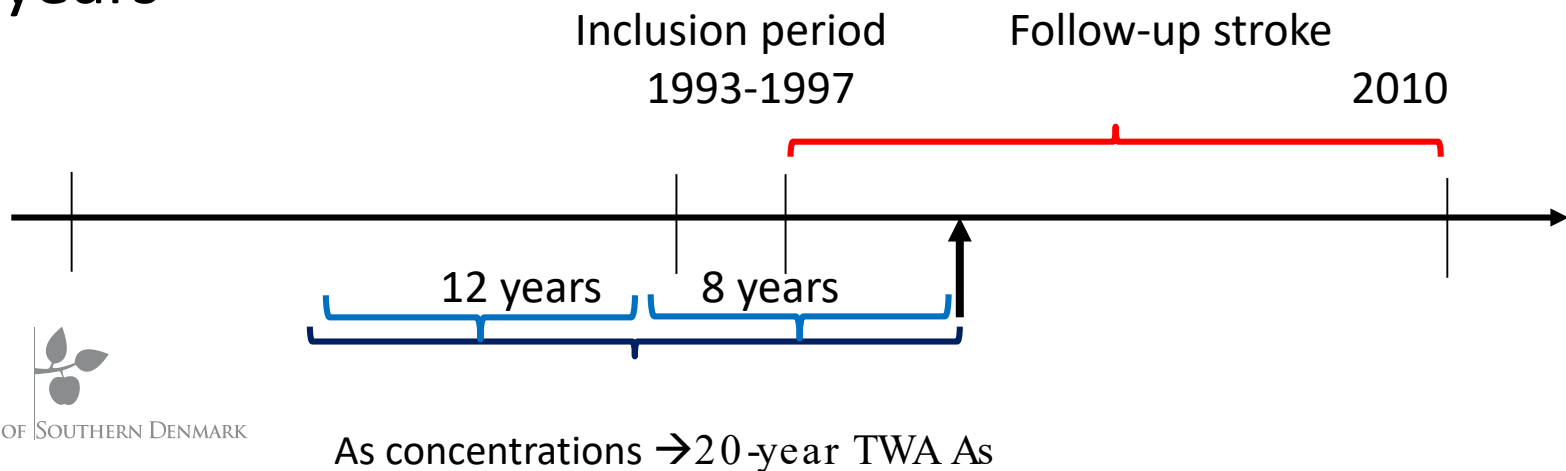
Arsenic distribution in Denmark – Arsenic exposure and risk of stroke



Exposure assessment

Exposure

- Long-term exposure to As:
20-year time-weighted average of As
- As in drinking water at residential addresses
- Mobility of the population
- Changes in As concentration at same WSA across years



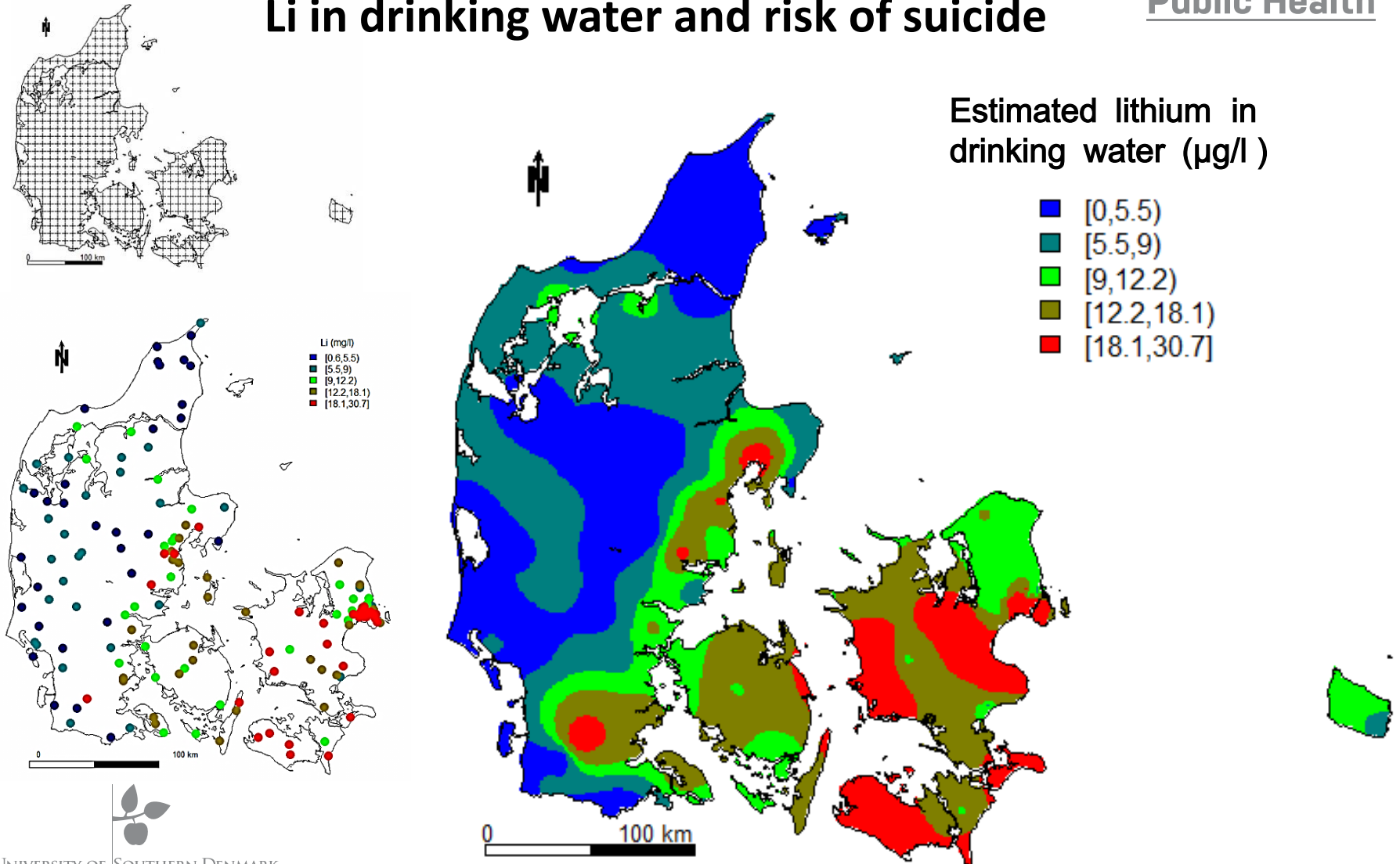
Exposure assessment

- Long-term exposure to high concentrations:
20-year time-weighted average of As
- As in drinking water at residential addresses
- Mobility of the population



Exposure assessment

Li in drinking water and risk of suicide



Spatial regression analysis

Spatial regression and association

Association between exposure and outcome taking into account the spatial correlation between individuals

- Conditional autoregressive model (CAR)
Modelling the correlation between individuals (point data) or between municipalities (areal data)



Fatal outcome of a heart attack

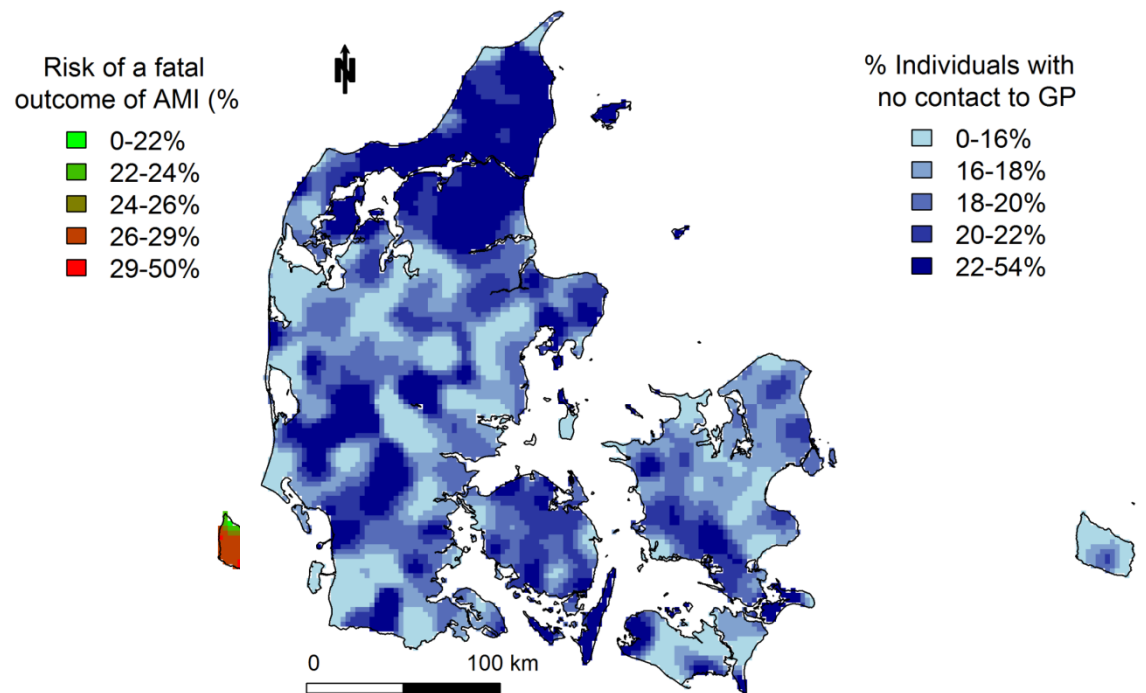
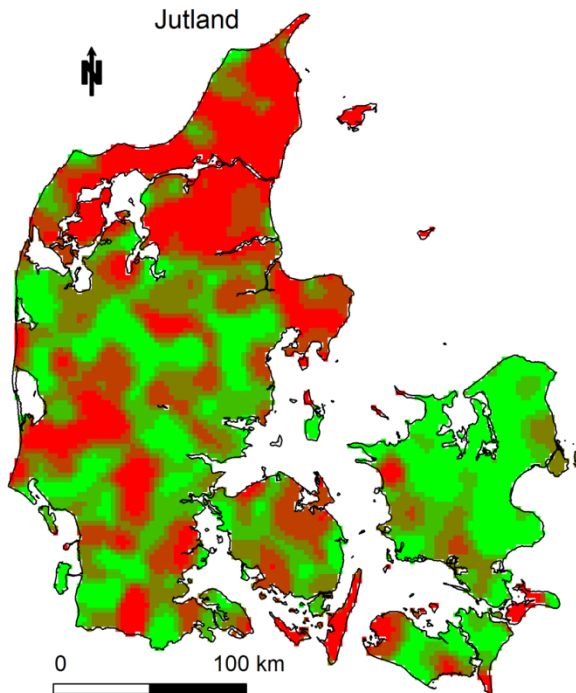
OUTCOME

24,7% fatal outcome of AMI

EXPOSURE: Contact to GP

Individuals with contact to GP: 12% had a fatal outcome

Individuals with no contact to GP: 78% had a fatal outcome



Spatial patterns in fatal AMI

Association between contact to a GP and a fatal outcome of a heart attack

$$\text{logit}(p_i) = \beta_0 + \beta X_i + W(s_i)$$

p_i : Risk of a fatal outcome of a heart attack

βX_i : Covariates and parameters: age and sex

$W(s_i)$: Spatial dependence between locations

$W \sim (0, \Sigma)$ Σ : Matern covariance



Spatial regression analysis

Generalized linear model – individual-level data

→ Outcomes: Post-AMI mortality
(immediate, days 1-28, 1-year)

Mortality	Analysis	Regression model
Immediate (+/-)	1	Logistic
Days 1-28 (+/-)	2	Logistic
1-year (rates)	3	Poisson of rates

Random effect component

Geographically structured (CAR)

Fixed effects

Individual-level and neighbourhood-level socio-demographic characteristics

Spatial regression analysis

Generalized linear model – individual-level data

Geographically structured random effect component

Conditional AutoRegressive model (CAR) – spatial autocorrelation

98 x 98 adjacency matrix – correlation between neighbouring municipalities

Neighbourhood-level characteristics derived at Parish level (approx 1700)

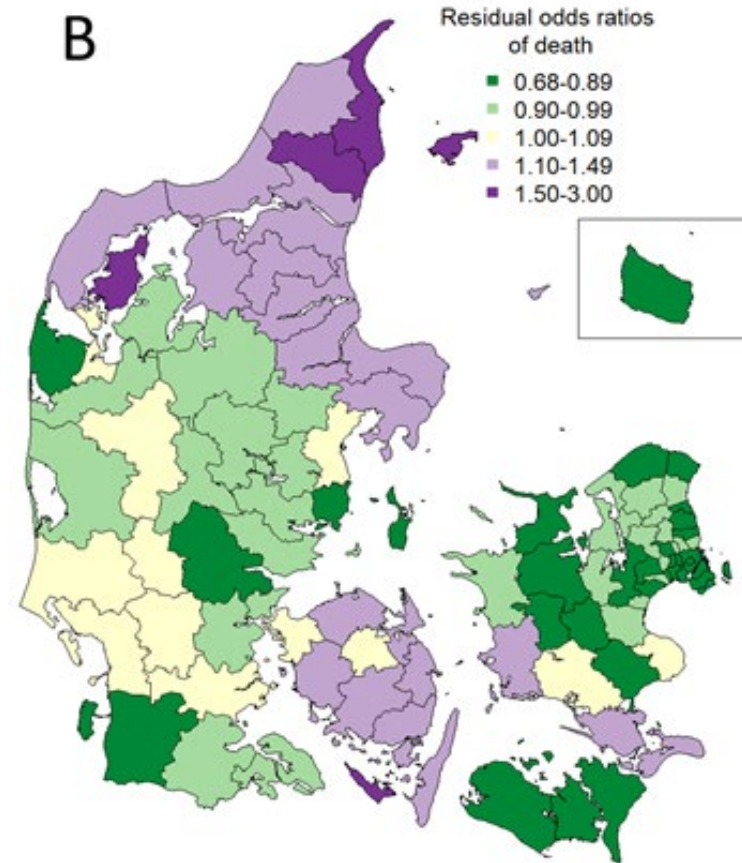
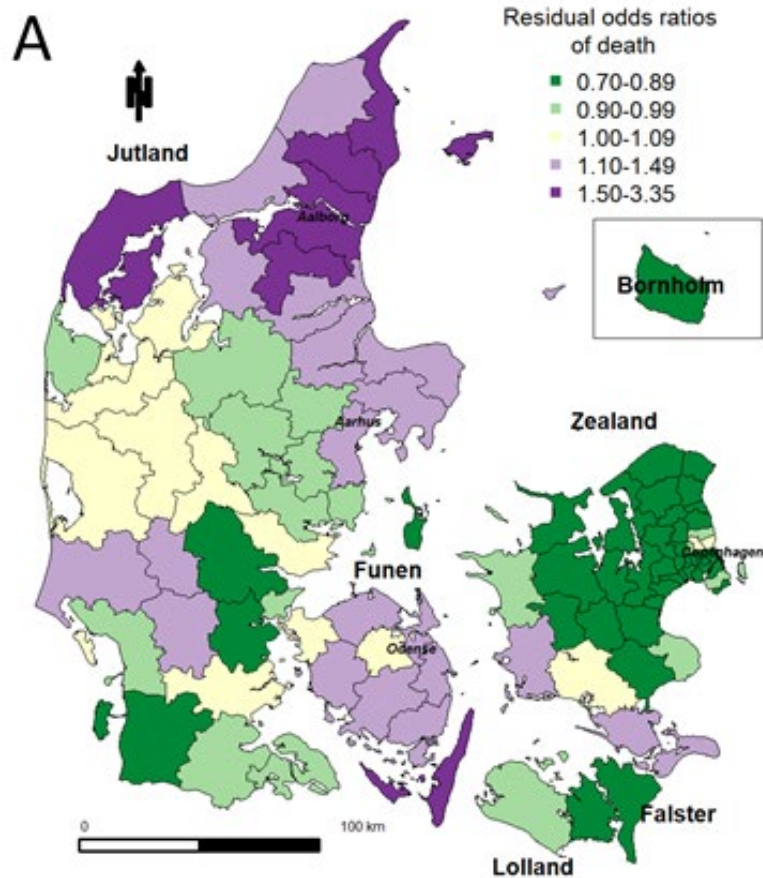
Bayesian inference using INLA

Residual relative risk (random effect) estimates for municipalities

➔ Does geographical patterns in mortality exist before and after accounting for sociodemographic characteristics?



Spatial regression analysis



UNIVERSITY OF SOUTHERN DENMARK
Random effect component (CAR)
No fixed effects

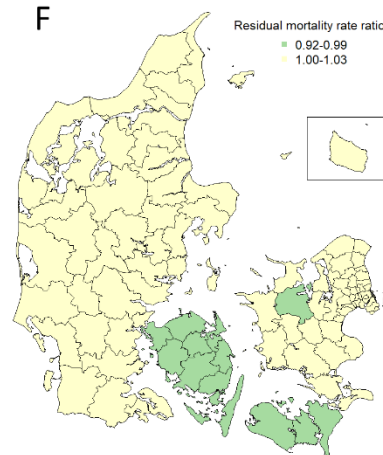
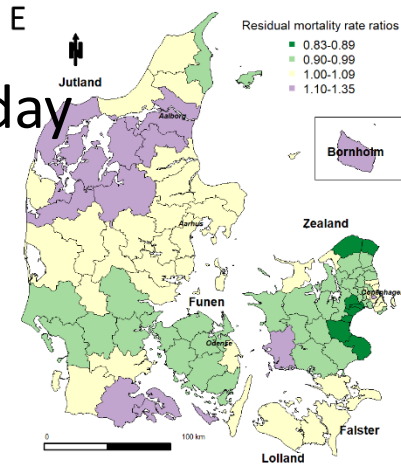
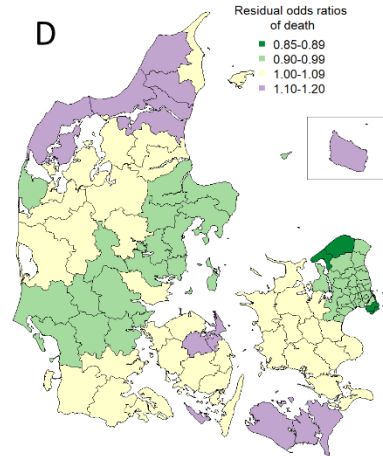
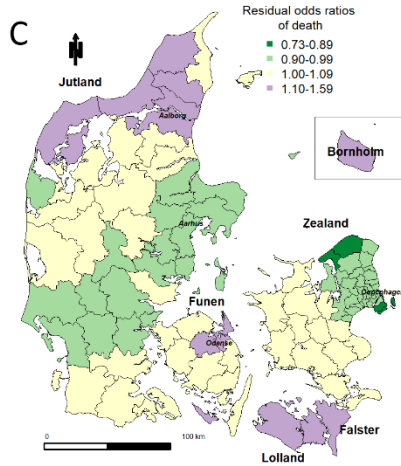
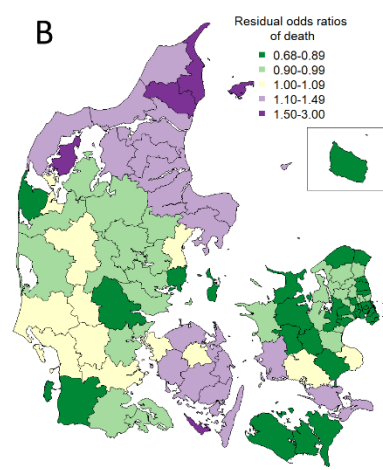
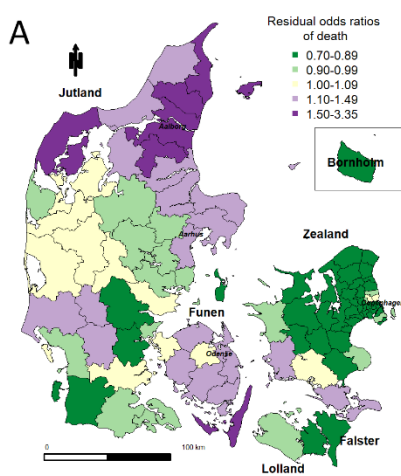
Random effect component (CAR)
Fully adjusted

Mortality

Immediate

Days 1-28

1-year among 28-day survivors



Healthcare

ational
stitute

Prehospital care
Patient awareness

Hospital stay

Rehabilitation

Concluding remarks

**Register-based data can be
linked with geographical data**

**and used for epidemiological studies
in public health**

**and can contribute to policy
and decision making**



Thank you for your attention

